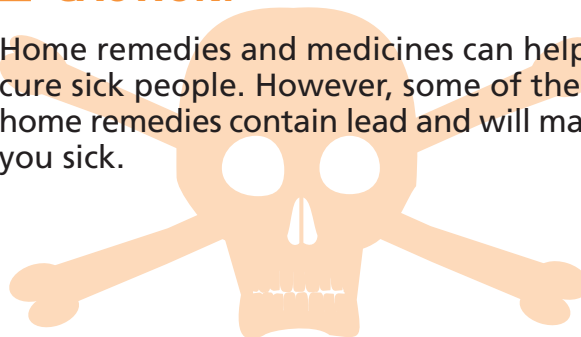


LEAD *in home remedies*



■ CAUTION:

Home remedies and medicines can help cure sick people. However, some of these home remedies contain lead and will make you sick.



THESE HOME REMEDIES CONTAIN LEAD AND ARE VERY DANGEROUS!!



Azarcon a bright orange powder

also known as Rueda, Coral, Maria Luisa, Alarcon, Liga



Greta a yellow powder

- Both Azarcon and Greta are given for “empacho” (intestinal illness).
- Both Azarcon and Greta are almost 100% lead. Any amount is poisonous to children and adults.

■ WHY IS LEAD DANGEROUS?

Lead poisoning can cause damage to the kidneys, nervous system, and brain. Children have suffered permanent brain damage and even died from the use of Azarcon and Greta.

Children with lead poisoning usually do not look or act sick. When they do show signs of lead poisoning, their symptoms can be very much like empacho. The symptoms of lead poisoning include tiredness, sleeplessness, stomachache, and vomiting.

■ WHAT CAN I DO IF I'VE TAKEN OR HAVE GIVEN MY CHILD A HOME REMEDY THAT CONTAINS LEAD?

You should get medical attention immediately. Call your doctor, clinic, or local health department for more information or for help with treatment for lead poisoning. Ask your health department to arrange for a free test to determine if there is lead in your Azarcon or Greta. Medical information is confidential. Your health is the main concern.

You can also call the Poison Control telephone hotline in your area. Look for their number in the front of the white pages in your phone book. Someone is available 24 hours/day to answer your questions and help in an emergency.

■ TESTING YOUR CHILDREN

Children ages 1 year through 6 years are at greatest risk for lead poisoning. Most children with lead poisoning don't look or act sick. Ask your doctor to do a blood lead test, and to explain the results to you. This test is the only sure way to know if your child is being poisoned. Most kids will have a blood lead level of less than 10 µg/dL.

For additional information, please contact:

Washington State Department of Health

Lead Surveillance Program

Call toll free: 1-800-909-9898



■ DANGER!! THESE HOME REMEDIES ALSO CONTAIN LEAD AND CAN MAKE YOU VERY SICK

Hmong community:

Pay-loo-ah a red powder given for a rash or fever

Asian Indian community:

Ghasard a brown powder given as an aid to digestion

Bala Goli a round, flat, black bean dissolved in "gripe water" and used for stomachache

Kandu a red powder used to treat stomach

Arab American community:

Kohl (Alkohl) a powder used both as a cosmetic eye make-up and applied to skin infections and the navel of a newborn child.



DOH Pub 210-014 8/2001

For persons with disabilities, this document is available on request in other formats. To submit a request, please call 1-800-525-0127

Adapted, with permission, from materials developed by the Childhood Lead Poisoning Prevention Branch of the California Department of Health Services.



Dear Colleague,

The Washington State Department of Health (DOH) is pleased to provide camera-ready art for printing this educational material. To ensure that the original quality of the piece is maintained, please read and follow the instructions below and the specifications included for professional printing.

- **Use the latest version.** DOH materials are developed using the most current information available, are checked for clinical accuracy, and are field tested with the intended audience to ensure they are clear and readable. DOH programs make periodic revisions to educational materials, so please check this web site to be sure you have the latest version. DOH assumes no responsibility for the use of this material or for any errors or omissions.
- **Do not alter.** We are providing this artwork with the understanding that it will be printed without alterations and copies will be free to the public. Do not edit the text or use illustrations or photographs for other purposes without first contacting us. Please do not alter or remove the DOH logo, publication number or revision date. If you want to use a part of this publication for other purposes, contact the Office of Health Promotion first.
- **For quality reproduction:** Low resolution PDF files are intended for black and white or color desktop printers. They work best if you are making only one or two copies. High resolution PDF files are intended for reproducing large quantities and are set up for use by professional offset print shops. The high resolution files also include detailed printing specifications. Please match them as closely as possible and insist on the best possible quality for all reproductions.

If you have questions, contact:

Office of Health Promotion

P.O. Box 47833 Olympia, WA 98504-7833

(360) 236-3736

Sincerely,

Health Education Resource Exchange Web Team